



COMMUNITY BENEFIT REPORT 2016



Anne Arundel  
Medical Center

# COMMUNITY BENEFIT BY THE NUMBERS

In fiscal year 2016, we invested more than \$47 million in community benefit. Here are a few ways we used this money to help people live healthier:



Led health education classes, screenings and risk reduction programs, such as our smoking cessation classes.



Provided free and low-cost care to the underserved and underinsured through our Community Clinics, Kent Island Urgent Care Center and Pathways, our substance use and mental health treatment center.



Expanded outpatient services for primary and specialty care.





Supported on-call services to ensure daily coverage at the hospital 365 days a year.



Expanded our research department and health education, including our new Graduate Medical Education program.



Expanded mental health services.



Initiated an outpatient palliative care program.



# COMMUNITY BENEFIT IN ACTION



**COMMUNITY  
BENEFIT  
TOTALLED  
\$47,187,079**



Health Professional  
Education  
\$5,768,949



Research  
\$773,881



Medicaid  
Assessments  
\$1,988,358



Cash or In Kind  
Donations  
\$967,797



Mission Driven  
Health Services  
\$27,882,229

# THE PLAN

Our priorities based on the community's needs are:

- 1.** Community-based care coordination for non-medical needs.
- 2.** Mental health and substance use.
- 3.** Infant mortality.
- 4.** Palliative care.
- 5.** Improved resource planning for North and South County.

At Anne Arundel Medical Center, we constantly strive to improve the health of the people we serve. That's why we provide low-cost or free screenings, lectures, and services to diagnose and treat members of our community, especially the underserved or those at high risk for illness. We aim to give more people access to health care, improve their health literacy and help them navigate the health care system. To ensure we focus on the health issues that matter most, we dedicate our resources based on data from the 2015 Community Health Needs Assessment (CHNA).

## EXPANDING ACCESS TO MENTAL HEALTH SERVICES



Mental health and substance use treatment services are critically needed. And with limited programs in the area, many people have to travel outside their community for care. But we're committed to providing local care. Recently, we expanded our outpatient mental health care, opened a partial hospitalization program and started Family Wellness Workshops for families dealing with substance abuse. Also Spanish-speaking mental health therapists, and recovery navigators are now available to help families.

## GROWING COMMUNITY-BASED CARE COORDINATION



Many people have more than one chronic health illness and face many challenges with their health care.

Too often, they return to the Emergency Department for treatment. Re-admission rates are high for chronically ill patients.

Communication with community service providers has been lacking and as a result patients with chronic conditions receive duplicative care or no care. Issues like no transportation or little family support prevent people from getting the care they need. But we're working with community partners to bring care management programs directly in the home. These programs reduce hospital admission rates, address social needs like transportation and teach people how to take control of their health care.

## FOCUSING ON PALLIATIVE CARE



Palliative care is a team-based system of care that provides relief of symptoms associated with serious or chronic illness. Our team of physicians, nurses, and social workers work with

patients, family and caregivers, and their physicians to create individualized care plans and facilitate communication with the entire care team.

Palliative care is often confused with hospice — which is non-curative care administered at the end of life. Unlike hospice, palliative care is appropriate for anyone at any stage of a serious illness. The purpose of palliative care is to relieve suffering and provide the best possible quality of life for the patient and their family.

# COMMUNITY PARTNERSHIPS

Our partnerships with other organizations help advance our commitment to the community. We work with several government agencies, non-profits, colleges and universities, faith-based organizations, and other health care providers to expand health care services. By sharing ideas and best practices, we create partnerships that promote the health of our community. While we work with more than 100 community organizations, here is a list of some of our key partners.

- › Anne Arundel Community College
- › Arundel Lodge
- › Compass Hospice
- › Department of Aging and Disabilities
- › Anne Arundel County Department of Health
- › Anne Arundel County Public Schools
- › Hands of Hope
- › Healthy Anne Arundel Coalition
- › Hospice of the Chesapeake
- › Housing Authority of the City of Annapolis
- › The Coordinating Center
- › Light House Shelter
- › March of Dimes
- › NAMI (National Alliance on Mental Illness)
- › Prince George's Mobile Integrated Healthcare
- › Seasons Hospice and Palliative Care
- › Queen Anne's County Mobile Integrated Community Health



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