

Support Groups

Alzheimer's Support Group

4th Tuesday, 7pm
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: Edgar Parker, 410-544-8483

Bariatric Surgery Support Group

3rd Tuesday, 6pm
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: 443-924-2900

Back to Work/Breast Feeding Support Group

1st Friday, 7pm
Big Vanilla Pasadena
Contact: 443-481-6122 or birthandbaby@aahs.org

Better Breathers Club

Every other 4th Thursday, 9am
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: Dana Wingert, 443-481-4088

Breast Feeding Support Group

2nd & 4th Thursday, 9am
Sajak Pavilion, 2nd Floor
Contact: 443-481-6122 or birthandbaby@aahs.org

Diabetes Support Group

Every other month on a Wednesday, 6:30pm
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: AAMG Diabetes Specialists,
443-481-4600 for dates and topics.

Down Syndrome Support Group

Every other 3rd Thursday, 7pm
Doordan Institute, Belcher Pavilion, 7th Floor
www.downsyndromeconnection.com

Healthy Hearts Cardiac Support

1st Wednesday, 7:30pm
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: Barbara Furlow, 410-507-3766

Lupus Support Group

1st Saturday, 10am
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: Akila Hill, 202-787-5381

Lyme Disease Support Group

3rd Saturday, 2pm
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: Monte Skall, 703-821-8833

MS Support Group

1st Wednesday, 6pm
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: Emily Olsen, 443-481-1140

NAMI Family-to-Family

A 12-session education program for family, partners, and friends of adults living with mental illness.
Contact: Pat, 410-647-6233 or patf2f@comcast.net

Parents of Children with Type 1 Diabetes

2nd Tuesday, 7pm
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: Ruth Ellen Sheldon, 410-729-5595

PE/VTE Online Support Group

Bi-monthly, date/time varies
Contact: Erica Dour, edour@natfonline.org
Visit: www.natfonline.org/lmk/osg/

Perinatal Loss Support

1st Monday, 7pm
St. Andrews United Methodist Church
Contact: Ann O'Sullivan, 410-570-2164

Sibshops

Designed for children 5-8 years of age, the Sibshop program provides sibling support for young children with brothers or sisters with special needs.
Contact: Christa, 410-222-6911 or cbellanca@aacps.org

The Stroke Club

3rd Tuesday, 6pm
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: Jennifer Irving, 443-481-4100

Trauma Recovery Support Group

Every Monday, 6pm
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: Rae Leonard, 443-481-1209

Cancer Support Groups

Head & Neck Cancer Support Group

1st Tuesday, 6pm
Donner Pavilion, 1st Floor
Contact: Jackie Shanahan, 443-481-5801

Lung Cancer Support Group

4th Tuesday, 6pm
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: Teresa Putscher, 443-481-5881

Prostate Cancer Support Group

1st Monday, 6:30pm
Doordan Institute, Belcher Pavilion, 7th Floor
Contact: Jackie Shanahan, 443-481-5801

Please note: many of these groups are community partners that simply use space provided by AAMC. Information is updated quarterly and is subject to change. If you are new to a support group, we encourage you to reach out to the contact person listed here to confirm dates/times. Updated: January 31, 2017