

Pediatric Department Donations

Luminis Health Anne Arundel Medical Center thanks you for your support and generosity to our pediatric patients. Your gifts can go a long way towards brightening a hospital stay for a child.

Below is a list of items that our young patients would appreciate.

Items by Age

Infants (1-12 months):

- Crib toys
- Crib aquariums/sound machines*
- Rattles/Oballs*
- Teething rings

Toddlers (1-3 years):

- Large cars and trucks (with buttons and sound)
- Baby dolls (all plastic)
- Sippy cups*
- Rain sticks

- Light spinners*
- Pop-up toys
- Shape sorters
- Musical cause and effect toys
- Big crayons
- Rubber play mats or yoga mats for floor play

School age (4-10 years):

- Handheld games
- Action figures *
- Barbie dolls/dolls*
- Hot Wheels/Matchbox cars*

- Lego sets (individual)
- Doctor kits
- Sketch pads

Adolescents (11-19 years):

- Nail polish and remover
- Puzzles
- Non-Spiral blank journals
- Paint-by-number kits
- Skinny markers
- Clay and fidget toys

Items by Category

Electronics:

- Spanish DVDs (G-PG13)
- iTunes gift cards

Games:

- Teen card games
- Playing cards
- UNO cards*
- Puzzles and brain teasers
- Crossword puzzle/word search books

Distraction/therapeutic:

- Sound books*
- "Where's Waldo"/"I SPY" books
- Individual beverage flavor packets

- Stress balls/squishies*
- Model magic/clay*
- No-spill bubbles*

Clothing:

All sizes from infant to adolescent

- PJ's
- Underwear *
- Sweat pants (adult sizes S-XXL)

Art & crafts:

- Acrylic paints
- Paint by number
- Craft kits
- Coloring books
- Fuzzy posters
- Glitter and glitter pens

- Stickers and sticker books*
- Model magic clay*
- Mandala coloring books
- Colored pencils and fine tip markers*

Gift cards:

- Target*
- iTunes*
- Michaels
- JOANN Fabrics
- Walmart
- Five Below

Toiletry kits

- Chapstick
- Comb/brush
- Deodorant
- Conditioner





Projects and Activities:

The projects listed below are constantly in high demand and provide a great level of support to patients and families. Making these kits is a great activity for groups looking to donate. Please call a Child Life Specialist if you have any questions.

- DIY Slime Kits: Slime is a huge hit with patients of all ages. Patients love individual slime kits that they can work on from their rooms during admission. Kits with pre-measured ingredients, printed instructions, and fun add-ins to mix into slime are ideal. You can find lots of inspiration for this online.
Don't worry about assembling the kits! Our Child Life Specialists and Volunteers will assemble them.
Materials needed: Please click below on each item to view on amazon.com
 1. Activator
 - a. [1 quart](#) or [8 oz](#) bottle
 2. Mix-ins
 - a. [Mix In #1](#)
 3. Elmer's Glue
 - a. 56 oz. or 1 quart of liquid glue bottles
 - b. [Color, glitter, color changing, glow in the dark](#)Or
You can purchase already assembled kits on amazon! Please see links below.
 1. [Color Changing Slime Kit](#)
 2. [Galaxy Kit](#)
 3. [Glow In the Dark](#)If you have any questions regarding the slime kits, please contact childlife@aahs.org
- No-Sew Blankets are a great gift for patients who spend the night in the hospital. Blankets in fun colors and patterns brighten up the hospital environment and bring comfort to our patients. Click here for a suggested no-sew blanket tutorial. <https://www.projectlinus.org/patterns/pdf/NoSewFB.pdf>
- 'Jared Boxes': Small boxes filled with activities, games and prizes for children in the hospital. Visit thejaredbox.org for more details.

Mental Health Support Kits:

Undergoing a mental health evaluation can be a scary, stressful, and lengthy process for patients and families. When patients check in for mental health reasons, they are given a support kit in triage with information about what to expect during their visit, as well as fidgets and diversional materials to ease anxiety and help pass the time. **The cost to sponsor a mental health bag is roughly \$2/bag. We purchase the items in bulk through Amazon.com, thus amazon gift cards are a great way for us to support mental health patients.**

Please Note:

When you bring donations to the Pediatric unit, our staff will happily distribute gifts to patients on your behalf. Please know that our patients are so grateful for your generosity!

Due to infection control and patient privacy policies, donors are unable to visit patients face-to-face to deliver donations.

Due to hospital policies, we are unable to accept the following:

- Food or candy
- Used stuffed animals, books, puzzles, or toys
- Latex balloons
- Live flowers or plants
- Items of religious nature
- Toys that have small pieces (choking hazards) and/or sharp pieces that fall apart easily

Amazon Wish List:

Please visit our Amazon wishlist at <https://luminis.health/pediatrics-wishlist>

If you have questions about any of the following suggestions or would like to know our greatest needs at that time, please call our Child Life Specialist team at **443-481-6334**.