

Support Groups

Alzheimer's Support Group

4th Tuesday, 7pm

Doordan Institute, Belcher Pavilion, 7th Floor

Contact: Katherine Gravelle, 443-463-8293

Bariatric Surgery Support Group

3rd Tuesday, 6pm

Doordan Institute, Belcher Pavilion, 7th Floor

Contact: 443-924-2900

Back to Work/Breast Feeding Support Group

1st Friday, 7pm

1730 West Street, Ste. 105, Annapolis

Contact: 443-481-6122 or birhandbaby@aahs.org

Better Breathers Support Group

4th Thursday, Every other month, 9am

Doordan Institute, Belcher Pavilion, 7th Floor

Contact: Jennie Sayles, 443-481-4159

Breastfeeding Support Group

2nd & 4th Thursday, 9am

Sajak Pavilion, 2nd Floor

Contact: 443-481-6122 or birhandbaby@aahs.org

Diabetes Support Group

Every other month on a Wednesday, 6:30pm

Doordan Institute, Belcher Pavilion, 7th Floor

Contact: AAMG Diabetes Specialists,
443-481-4600 for dates and topics.

Healthy Hearts Cardiac Support

1st Wednesday, 7:30pm

Doordan Institute, Belcher Pavilion, 7th Floor

Contact: Barbara Furlow, 410-507-3766

Lupus Support Group

1st Saturday, 10am

Doordan Institute, Belcher Pavilion, 7th Floor

Contact: Akila Hill, 202-787-5381

Lyme Disease Support Group

3rd Saturday, 2pm

Doordan Institute, Belcher Pavilion, 7th Floor

Contact: Monte Skall, 703-821-8833

Perinatal Loss Support

1st Monday, 7pm

St. Andrews United Methodist Church

Contact: Ann O'Sullivan, 410-570-2164

Post-Partum Depression Support Group

[Visit website](#) for dates/time and registration

Doordan Institute, Belcher Pavilion, 7th Floor

Contact: 443-481-6122 or birhandbaby@aahs.org

Sibshops

Designed for children 5-8 years of age, the Sibshop program provides sibling support for young children with brothers or sisters with special needs.

Contact: Christa, 410-222-6911 or cbellanca@aacps.org

The Stroke Club

3rd Tuesday, 6pm

Doordan Institute, Belcher Pavilion, 7th Floor

Contact: Jennifer Irving, 443-481-4100

Trauma Recovery Support Group

Every Monday, 6pm

Doordan Institute, Belcher Pavilion, 7th Floor

Contact: Rae Leonard, 443-481-1209

Cancer Support Groups:

Head & Neck Cancer Support Group

1st Tuesday, 6pm

Donner Pavilion, 1st Floor

Contact: Laurie Selby, 443-481-5736

Lung Cancer Support Group

3rd Tuesday, 6pm

Donner Pavilion, 1st Floor

Contact: Laurie Selby, 443-481-5736

Prostate Cancer Support Group

1st Monday, 6:30 pm

Donner Pavilion, 1st Floor

Contact: Laurie Selby, 443-481-5736

Ovarian Cancer Support Group

Every other month

Contact: Nancy Long at 410-849-3467

Please note: many of these groups are community partners that simply use space provided by AAMC. Information is updated quarterly and is subject to change. If you are new to a support group, we encourage you to reach out to the contact person listed here to confirm dates/times. Updated: April 2018



Anne Arundel
Medical Center